

SACRED HEART SR. SEC. SCHOOL

Bhai Randhir Singh Nagar, Ludhiana

Syllabus for Class-VII

Session 2025-2026

FOREWORD

Sacred Heart Sr. Sec. School firmly believes in the divine light of knowledge. We strive sincerely to follow the path of "Learn and Enlighten" which is the maxim of our school. We are offering an Informative syllabus for the upcoming academic year-a guide that marks the beginning of a journey filled with learning, wonder, and growth. This document is not just a list of subjects and rules; it is an invitation to explore new ideas, nurture your talents, and discover the joy of knowledge.

Our curriculum has been thoughtfully designed to balance strong academic foundation with opportunities for creative exploration. Like a garden ready to bloom, each lesson is a seed planted with care, destined to help every student flourish in his/her unique way. Our dedicated educators have worked passionately to create an environment where curiosity is celebrated and learning becomes an adventure.

In these pages, you will find a blend of tradition and innovative ideas that aim to inspire both the head and the heart. We hope that this syllabus will guide you, spark your imagination, and remind you that every day brings a chance to grow and learn something new.

Thank you for being a part of this exciting journey. Together, let us welcome the new academic year with enthusiasm and a shared commitment to discover the endless possibilities that education brings.

ENGLISH

Prescribed books: Collins English Expert Course book 7
 Collins English Grammar and Composition 7
 Collins English Expert Language Companion 7
*** INTERNAL ASSESSMENT WILL BE CONDUCTED IN TERM 1 AND TERM 2 SEPARATELY**
*** DICTATION WILL BE A PART OF INTERNAL ASSESSMENT ACTIVITY**

Term-I

APRIL

Course Book	Ch-1 The Cabin Mystery (Poem) Ch-2 The Daffodil Case
Language Companion	Ch-1 Classic Detectives
Grammar & Composition Skills	Ch- 16 Direct and Indirect Speech Ch- 5 Agreement of Subject and Verb
Writing	Paragraph Writing Informal Letter

MAY

Course Book	Ch-3 A Tale of Two Bullocks Ch-4 The Dentist and the Crocodile (Poem)
Language Companion	Ch-2 Animal Tales
Grammar & Composition Skills	Ch-7 Expressing the Present Ch-8 Expressing the Past CH-9 Expressing the Future
Writing	Formal letter Practice of Listening skills

Subject Enrichment Activity (Listening Skills)

May – June Periodic Test-1

JUNE

JULY

Course Book

Language Companion
 Grammar & Composition
 Skills
 Writing

AUGUST

Course Book

Language Companion
 Grammar & Composition
 Skills

Writing

Portfolio activity

SEPTEMBER

OCTOBER

Course Book

Multiple Assessment Activity

Ch-5 The Devoted Friend
 Ch-6 A Smile Always Heals (Poem)
 Ch-3 Friendship
 CH-1 Nouns
 Ch-20 Kinds of sentences
 Diary entry

Ch-7 Sabina's Race
 Ch-8 Teachers (Poem)
 Ch-4 Gender
 Ch-3 Pronouns
 Ch-13 Determiners and Quantifiers
 Ch-14 Articles
 Ch-4 Transitive and Intransitive
 Article writing
 Notice - Event

Dictation

Revision-Half Yearly Examination

Term II

Ch-9 A Hero
 Ch-10 The Power of Music (Poem)

Language Companion	Ch-5 Humour
Grammar & Composition Skills	Ch-2 Adjectives
	Ch-24 Grammar on the Go
	Ch-23 Punctuation
Writing	Ch-17 Finite and Non-Finite Verbs
	Diary entry
	Dialogue writing.
	Practice of Speaking skills
Subject Enrichment Activity (Speaking Skills)	
November	
Course Book	Ch-11 Famine Tales (Comic)
	Ch-12 Little Women (Play)
	Ch-14 Wandering Singers (Poem)
Language Companion	Ch -6 Hard Times
Grammar & Composition Skills	Ch-12 Conjunctions
	Ch-11 Prepositions
	Ch-15 Active and Passive voice
	(Assertive, interrogative, imperative)
Writing	Descriptive paragraph - Thing
	Story Writing
Multiple Assessment Activity from Course Book (Ch 17)	
December	
Course Book	Ch-13 Escape from Death Valley
Language Companion	Ch-9 Science Fiction
	Ch-7 Travel

Grammar & Composition Skills	Ch-6 Primary and Modal Auxiliaries
Writing	Story writing
January	
Course Book	Ch-15 The Heirloom Seeds
	Ch-16 The Young Farmer (Poem)
Language Companion	Ch-8 Back to Roots
Grammar & Composition Skills	Ch-10 Adverbs
	Ch-18 Phrases
	Ch-19 Clauses
Writing	Article writing
	Formal letter
	Revision of all topics done
Portfolio Activity (Dictation)	
REVISION TEST	
February and March	Revision and Yearly Examination

		HINDI
प्रस्तावित पुस्तकें		1. वसंत भाग 2 2. मधुर हिंदी व्याकरण – 7
		TERM I
अप्रैल	पाठ	- हिमालय की बेटियाँ
	कविता	- हम पंछी उन्मुक्त गगन के
	व्याकरण	- वर्ण विचार, पर्यायवाची (1-25)(Pg 32-33), कारक, वाक्यांश (1-20) (Pg 38), उपसर्ग (केवल हिंदी) (Pg 51), प्रार्थना पत्र, अनुच्छेद।
मई	पाठ	- मिठाईवाला
	कविता	- कठपुतली, शाम एक किसान
	व्याकरण	- संधि (दीर्घ/गुण), (Pg 19&20), विलोम (1-30) (Pg. 35&36) भाववाचक संज्ञा (आदमी-वत्सल), (Pg -70), लिंग (सदस्य-चिड़ा) (pg -78,79), वचन (ताला-मक्खी) (Pg.84&85)
		** PERIODIC TEST I **
		** SUBJECT ENRICHMENT ACTIVITY **
जून	ग्रीष्मावकाश (MULTIPLE ASSESSMENT AND INTEGRATED ACTIVITY)	
जुलाई	पाठ	- पापा खो गए, अपूर्व अनुभव (संस्मरण)
	व्याकरण	- सर्वनाम, मुहावरे (1-20) (केवल अर्थ), भिन्नार्थक शब्द (Pg- 40) (1-15) अपठित गद्यांश, विज्ञापन।।
अगस्त	पाठ	- नीलकंठ
	व्याकरण	- विशेषण, शिकायती पत्र, विराम चिह्न, चित्र वर्णन (घटना/कहानी)
		** PORTFOLIO (DICTATION TEST) **
सितंबर	Revision and TERM -I Exam.	
		TERM II
अक्टूबर	पाठ	- खानपान की बदलती तस्वीर

	कविता	- रहीम के दोहे
	व्याकरण	- अनेकार्थक (1-15) (Pg. 43&44) प्रत्यय (अंत-ई)(Pg 55&56), क्रिया, क्रिया विशेषण, काल, वाक्य शुद्धि, अनुच्छेद, निजी पत्र।
	SUBJECT ENRICHMENT ACTIVITY	
नवंबर	पाठ	- वीर कुँवर सिंह
	कविता	- एक तिनका
	व्याकरण	- भिन्नार्थक शब्द (Pg. 41) (21-30), समास (तत्पुरुष), लघु कथा, संदेश लेखन।
	MULTIPLE ASSESSMENT ACTIVITY	
दिसंबर	पाठ	- संघर्ष के कारण मैं तुनुकमिजाज हो गया – धनराज,
	कविता	- भोर और बरखा
	व्याकरण	- अर्थ के आधार पर वाक्य भेद , अपठित गद्यांश
	** PERIODIC TEST II **	
जनवरी	पाठ	- आश्रम का अनुमानित व्यय
	व्याकरण	- संधि (वृद्धि, यण), संवाद।
	PORTFOLIO (DICTATION TEST)	
	REVISION TEST	
फरवरी / मार्च	TERM – II Exam.	
NOTE :	1. Internal Assessment Activities will be conducted in TERM I & TERM II separately.	
	2.Dictation will be part of Internal Assessment.	

PUNJABI

ਨਿਰਧਾਰਿਤ ਪਾਠ-ਪੁਸਤਕਾਂ :-

1. ਰਬਾਬ ਪੰਜਾਬੀ ਪਾਠ-ਪੁਸਤਕ - 7
2. ਰਬਾਬ ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਅਤੇ ਰਚਨਾਵਲੀ - 7

Term - I

ਅਪ੍ਰੈਲ

ਪਾਠ-ਪੁਸਤਕ	1. ਸਤਿਗੁਰ ਨਾਨਕ ਪ੍ਰਗਟਿਆ (ਸ਼ਬਦ)
	2. ਨਵੀਆਂ ਗੱਲਾਂ
	3. ਜ਼ਮੀਨ ਅਸਮਾਨ ਦਾ ਫਰਕ
ਵਿਆਕਰਨ ਪਾਠ	: ਪੜ੍ਹਨਾਵ
ਵਿਆਕਰਨ	: ਵਿਰੋਧੀ ਸ਼ਬਦ (ਉਸਤਤ-ਅਨੁਕੂਲ), ਸਮਾਨਅਰਥਕ ਸ਼ਬਦ (1-25), ਸ਼ੁੱਧ-ਅਸ਼ੁੱਧ (ਇਹਦਾ-ਵਹੁਟੀ)
ਲੇਖ	: ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ
ਪੱਤਰ	: ਆਪਣੇ ਸਕੂਲ ਵਿੱਚ ਮਨਾਏ ਗਏ ਕਿਸੇ ਸਮਾਗਮ ਬਾਰੇ ਆਪਣੀ ਵੱਡੀ ਭੈਣ ਨੂੰ ਜਾਣਕਾਰੀ ਦਿਓ।

ਮਈ

ਪਾਠ-ਪੁਸਤਕ	: 4. ਮੈਂ ਪੁਸਤਕ ਅਨਮੋਲ (ਕਵਿਤਾ)
	5. ਨਾਨਾ ਜੀ ਦੀ ਚਿੱਠੀ
ਵਿਆਕਰਨ	: ਮੁਹਾਵਰੇ (1-23), ਅਣਡਿੱਠਾ ਵਾਰਤਕ ਪੈਰਾ, ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ
ਲੇਖ	: ਸਮੇਂ ਦੀ ਕਦਰ
ਪੱਤਰ	: ਆਪਣੇ ਪਿਤਾ ਜੀ ਨੂੰ ਇੱਕ ਪੱਤਰ ਰਾਹੀਂ ਆਪਣੀ ਸਲਾਨਾ ਪਰੀਖਿਆ ਦੀ ਜਾਣਕਾਰੀ ਦਿਓ।

Subject Enrichment Activity

Periodic Test - I

ਜੂਨ

ਗਰਮੀ ਦੀਆਂ ਛੁੱਟੀਆਂ

Multiple Assessment Activity

ਜੁਲਾਈ

ਪਾਠ-ਪੁਸਤਕ	: 6. ਕਾਮਯਾਬੀ ਦਾ ਭੇਦ
	7. ਬਾਬਾ ਬੰਦਾ ਸਿੰਘ ਬਹਾਦਰ

ਵਿਆਕਰਨ	: ਵਿਰੋਧੀ ਸ਼ਬਦ (ਅਨੇਕਤਾ-ਹਾਜ਼ਰ), ਸਮਾਨਅਰਥਕ ਸ਼ਬਦ (26-50), ਚਿੱਤਰ ਵਰਨਣ
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ਅਗਸਤ

ਪਾਠ-ਪੁਸਤਕ	: 8. ਸੰਤੂ ਗੱਪੀ
	9. ਖੂਨਦਾਨ
ਵਿਆਕਰਨ ਪਾਠ	: ਵਿਸ਼ੇਸ਼ਣ
ਵਿਆਕਰਨ	: ਮੁਹਾਵਰੇ (24-39), ਅਖਾਣ (1-20), ਅਣਡਿੱਠਾ ਵਾਰਤਕ ਪੈਰਾ, ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ
ਲੇਖ	: ਮੋਬਾਈਲ ਫੋਨ ਦੇ ਲਾਭ ਅਤੇ ਹਾਨੀਆਂ
ਪੱਤਰ	: ਤੁਹਾਡਾ ਛੋਟਾ ਭਰਾ ਪੜ੍ਹਾਈ ਵੱਲੋਂ ਅਵੇਸਲਾ ਹੁੰਦਾ ਜਾ ਰਿਹਾ ਹੈ। ਇੱਕ ਪੱਤਰ ਰਾਹੀਂ ਉਸ ਨੂੰ ਪੜ੍ਹਾਈ ਵਿੱਚ ਦਿਲਚਸਪੀ ਲੈਣ ਲਈ ਪ੍ਰੇਰਿਤ ਕਰੋ।

Portfolio Activity (Dictation)

ਸਤੰਬਰ	ਦੁਹਰਾਈ ਛਿਮਾਹੀ ਪਰੀਖਿਆ
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ਅਕਤੂਬਰ

ਪਾਠ-ਪੁਸਤਕ	: 10. ਮਾਂ ਦਾ ਪਿਆਰ (ਕਵਿਤਾ)
	11. ਸਾਵਧਾਨ, ਹੁਸ਼ਿਆਰ !
	12. ਲਿਫਾਫ਼ੇ
ਵਿਆਕਰਨ ਪਾਠ	: ਕਿਰਿਆ, ਕਾਲ
ਵਿਆਕਰਨ	: ਵਿਰੋਧੀ ਸ਼ਬਦ (ਹਾਨੀ-ਨੰਗਾ), ਸਮਾਨਅਰਥਕ ਸ਼ਬਦ (51-75), ਸ਼ੁੱਧ-ਅਸ਼ੁੱਧ (ਅਹਿਮ-ਕਾਰਜ), ਚਿੱਤਰ ਵਰਨਣ
ਲੇਖ	: ਦੀਵਾਲੀ
ਪੱਤਰ	: ਨਗਰ-ਪਾਲਕਾ ਦੇ ਪ੍ਰਧਾਨ ਨੂੰ ਆਪਣੇ ਮੁਹੱਲੇ ਦੀ ਸਫ਼ਾਈ ਲਈ ਬਿਨੈ-ਪੱਤਰ ਲਿਖੋ।

Subject Enrichment Activity

		ਨਵੰਬਰ
ਪਾਠ-ਪੁਸਤਕ	:	13. ਘੜੇ ਦਾ ਪਾਣੀ
		14. ਬਾਰਾਂ-ਮਾਹਾ (ਕਵਿਤਾ)
		15. ਇਮਾਨਦਾਰ ਵਪਾਰੀ
ਵਿਆਕਰਨ	:	ਮੁਹਾਵਰੇ (40-54), ਅਣਡਿੱਠਾ ਵਾਰਤਕ ਪੈਰਾ, ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ
ਲੇਖ	:	ਮਾਤ-ਭਾਸ਼ਾ ਦਾ ਮਹੱਤਵ
ਪੱਤਰ	:	ਆਪਣੇ ਸਕੂਲ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਸਾਹਿਬ ਨੂੰ ਸਕੂਲ ਦੀ ਲਾਇਬ੍ਰੇਰੀ ਵਿੱਚ ਪ੍ਰਾਪਤ ਸਹੂਲਤਾਂ ਵਿੱਚ ਵਾਧਾ ਕਰਨ ਲਈ ਕੁਝ ਸੁਝਾਅ ਦਿਓ।

Multiple Assessment Activity

		ਦਸੰਬਰ
ਪਾਠ-ਪੁਸਤਕ	:	16. ਲਾਲਾ ਲਾਜਪਤ ਰਾਏ
ਵਿਆਕਰਨ	:	ਵਿਰੋਧੀ ਸ਼ਬਦ (ਨਵਰਤ-ਵੈਰੀ), ਸਮਾਨਅਰਥਕ ਸ਼ਬਦ (76-100)
ਪੱਤਰ	:	ਸਕੂਲ ਛੱਡਣ ਦਾ ਸਰਟੀਫਿਕੇਟ ਲੈਣ ਲਈ ਪ੍ਰਿੰਸੀਪਲ ਸਾਹਿਬ ਨੂੰ ਬਿਨੈ-ਪੱਤਰ ਲਿਖੋ।

Periodic Test - II

		ਜਨਵਰੀ
ਪਾਠ-ਪੁਸਤਕ	:	17. ਨਿਰੀ ਫੜ੍ਹ
ਵਿਆਕਰਨ ਪਾਠ	:	ਵਿਸਰਾਮ-ਚਿੰਨ੍ਹ
ਵਿਆਕਰਨ	:	ਮੁਹਾਵਰੇ (55-65), ਅਖਾਣ (21-40), ਚਿੱਤਰ ਵਰਨਣ, ਅਣਡਿੱਠਾ ਵਾਰਤਕ ਪੈਰਾ, ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ
ਲੇਖ	:	ਆਨ-ਲਾਈਨ ਸਿੱਖਿਆ

Portfolio Activity (Dictation)

Revision Exams

ਫਰਵਰੀ / ਮਾਰਚ ਦੁਹਰਾਈ ਸਲਾਨਾ ਪਰੀਖਿਆ

Note :-

- Internal Assessment Activities will be conducted in Term I and Term II separately.
- Dictation will be part of Internal Assessment.

	SCIENCE
	Prescribed Book - NCERT
	Term I
April	L-1 Nutrition in plants L-13 Wastewater Story L-10 Electric Current and its Effects (General)
May	L-2 Nutrition in Animals (General)

SUBJECT ENRICHMENT ACTIVITY-I

PERIODIC TEST - I

July L-9 Motion and Time (**General**)

MULTIPLE ASSESSMENT ACTIVITY-I

August L-4 Acids, Bases and Salts (**General**)

L-7 Transportation in Animals and Plants

PORTFOLIO ACTIVITY-I

September **REVISION AND HALF**

YEARLY EXAMINATION

Term II

October L- 3 Heat (**General**)

L - 6 Respiration in Organisms

SUBJECT ENRICHMENT ACTIVITY-II

November L- 5 Physical and Chemical Changes (**General**)

MULTIPLE ASSESSMENT ACTIVITY-II

December L- 12 Forests – Our Lifeline
PORTFOLIO ACTIVITY-II
PERIODIC TEST - II

January L-8 Reproduction in Plants (**General**)
 L- 11 Light
REVISION TEST

February/March REVISION AND YEARLY EXAMINATION

SOCIAL SCIENCE

Prescribes Books: Our pasts II (NCERT)

Our environment

Social and Political life -II

Term-1

APRIL

History Ch.1 Tracing Changes through a
 Thousand Years

History Ch.2 Kings and kingdoms

Geography Ch.1 Environment

Civics Ch.1 On Equality

Portfolio Activity

MAY

Geography Ch.2 Inside Our Earth

Geography Ch.3 Our Changing Earth

Civics Ch.2 Role of the Government in
 Health

MAY PERIODIC TEST -1
Subject Enrichment Activity

MAY - JUNE
JULY
 History Ch.3 Delhi 12th to 15th century
 Geography Ch.4 Air
 Civics Ch.3 How the State Government Works
 Maps

Multiple Assessment Activity

AUGUST
 History Ch.4 The Mughals (16 to 17th century)
 Civics Ch.4 Growing up as Boys & Girls
 Maps

SEPTEMBER
Revision and Term I Examination

TERM II

OCTOBER
 History Ch.5 Tribes Nomads & Settled Communities
 Ch. 6 Devotional paths to the divine

Geography Ch.5 Water

Civics Ch .5 Women Change the World

NOVEMBER
 History Ch. 7 The Making of Regional Cultures
 Geography Ch.6 Human Environment Interactions:
 The Tropical and the Subtropical Region

Civics Ch.6 Understanding Media

SUBJECT ENRICHMENT ACTIVITY

DECEMBER

Geography	Ch. 7 Life in the Deserts
Civics	Ch. 7 Markets Around Us

MULTIPLE ASSESSMENT ACTIVITY

Periodic test 2

JANUARY

History	Ch.8 Eighteenth Century Political Formations
Civics	Ch.8 A Shirt in the Market

Maps

Portfolio Activity

REVISION TEST

FEBRUARY /MARCH**TERM II EXAMINATION****MATHS****Prescribed Book : NCERT**

APRIL:	Ch. 2 Fractions and Decimals
	Ch. 1 Integers
MAY	Ch. 5 Lines And Angles
	PERIODIC TEST 1
JULY	Ch. 4 Simple Equations
	Ch. 11 Exponents and Powers
	Ch. 12 Symmetry
AUGUST	Ch. 6 The Triangle and Its Properties
SEPTEMBER	Revision and Half Yearly Exams
OCTOBER	Ch. 7 Comparing Quantities
	Ch. 9 Perimeter and Area
NOVEMBER	Ch. 8 Rational Numbers
DECEMBER	Ch. 10 Algebraic Expressions
	PERIODIC TEST 2
JANUARY	Ch. 3 Data Handling
	Ch. 13 Visualising Solid Shapes
FEBRUARY:	Revision
MARCH:	Yearly Exams

MORAL SCIENCE

Prescribed Book : Right is Right by Fr. Dabre Joseph

Term-I

APRIL:	L-1 True Peace L-2 Choosing Your Friends
MAY:	L-3 Courage
JULY:	L-4 Art of Listening L-5 Living Together L-6 Set Your Goals
AUGUST:	L- 7 Don't be Afraid L-8 Keep Smiling
SEPTEMBER	REVISION AND HALF YEARLY EXAMINATION

Term-II

OCTOBER:	L-9 Responsible Citizen L-10 Be Just
NOVEMBER:	L-11 Secrets of Success L-12 Take Initiative
DECEMBER:	L-13 Forgiveness
JANUARY:	L-14 The Noble Path L-15 Civic Sense: Proper Public Conduct
FEBRUARY:	REVISION
MARCH:	YEARLY EXAMINATION

GENERAL KNOWLEDGE

Prescribed Book - General Knowledge

Term-I

APRIL	Task 1- 10
MAY	Task 11 – 20
JULY	Task 21- 25
AUGUST	Task 25-30
SEPTEMBER	REVISION AND HALF YEARLY EXAMINATION

Term – II

OCTOBER	Task 31 - 39
NOVEMBER	Task 40- 48
DECEMBER	Task 49- 55
JANUARY	Task 56 - 60
FEBRUARY & MARCH	REVISION AND YEARLY EXAMINATION

COMPUTER SCIENCE

**BOOK: Byte Code – An Integrated approach
for joyful learning
Based on Windows 10 & MS Office 2019**

April - May

- Theory** Chapter - 8 Natural Language Processing
Chapter - 4 Formulas and Functions in Excel
Chapter - 5 Advanced Features of Excel
- Practical** Practical based on MS Excel.

July-September

- Theory** Introduction to Python
Chapter – 6 Control Statements in Python
Computer Assignment
Revision and Half Yearly Exam
- Practical** Programs of Python and Lab Activities based on Python.

October- December

- Theory** Chapter – 2 Browsing Safety
Chapter – 7 Introduction to HTML 5
Computer Assignment
Revision
- Practical** Lab Activities based on HTML 5

January

- Computer Assignment
Revision
- Practical** Yearly practical Exam based on HTML5

February

- Revision and Yearly Exam

MUSIC

April-May

Introduction with Basics of Indian Classical Music

Aaroh-avroh of Raga Kalyan

Prayer Song in English

10 Alankars of Indian Classical Music

July-August

Patriotic Song in Hindi

Practice of all Sargams

Prayer Song in English

Oct-Dec

Christmas Carols in English, Hindi & Punjabi

Motivational Song in English

Introduction with 12 Swar

Jan-Feb

Prayer Song in English

Notation of Raga Kalyan

Revision of all Songs and Sargams.

DANCE

APRIL-MAY

Basic Foot Steps Classical
Tukda in Teentaal
Knowledge of Hasta Mudras in Beat
Prayer Dance Classical
Prayer Dance English

JULY-AUG

Introduction of Salaami
Different Types of Postures
Teentaal Introduction of Tukda
Dance on Independence Day Theme

SEPT-OCT

Revision of Toras
Prayer Dance

NOV-DEC

Prayer Dance
Introduction to Abhinay Darpan
Tukda with Badi Tihaai in Teen Taal
Chakkardaar Paltey
Christmas Dance

JAN-FEB

Prayer Dance in Indian Classical Form
Choreography on Motivational Themes for Prize Distribution
Function
Different Types of Folk Dances

ART & CRAFT

APRIL

STILL LIFE - WATER COLOUR (PG. 19)

MAY

STUDY OF FACIAL FEATURES (PG. 48, 49, 50, 51)

JULY

SEA ANIMALS (PG. 46)

AUGUST

PORTRAIT (PG. 59)

SEPTEMBER

CARTOON DESIGN

OCTOBER

STILL LIFE (PG. 24)
STUDY OF HANDS (PG 53)

NOVEMBER

LIFE STUDY (PG. 61)

DECEMBER

STUDY OF FEETS (PG. 52)

JANUARY

STILL LIFE (PG. 23)

FEBRUARY

REVISION

MARCH

FINAL EXAMS

PHYSICAL EDUCATION AND SPORTS

APRIL

- A. Introduction of Physical Education and Sports
- B. Major Games Basketball and Badminton
- C. Practice of fundamental skills of the game
- D. Khelo India BMI.

MAY

- A. Calisthenics exercises
- B. Introduction of warming up exercises.
- C. Major games football and cricket
- D. Practice of fundamental skills of the game.

JUNES

Summer Coaching Camp

JULY

- A. Practice of P.T exercises
- B. Minor games
- C. Major game Hockey
- D. Fundamental skills of the game.

AUGUST

- A. Recreational games
- B. Introduction of flexibility improving exercises.
- C. Physical fitness test.

SEPTEMBER

- A. Mid Term gradation
- B. Major game volleyball
- C. Practice of fundamental skills of volleyball.

OCTOBER

- A. Recreational Games
- B. Practice of Annual Athletics meet events.

C. Major Game Football.

NOVEMBER

- A. Annual Athletic Meet.
- B. Minor games
- C. Recreational activities.

DECEMBER

- A. Major games- kho-kho and chess
- B. Practice of fundamental skills of the game.

JANUARY

- A. Practice of Athletic events
- B. Major Game- Football.

FEBRUARY & MARCH

Final Gradation

FINAL EXAMINATION.

ACTIVITY PLANNER

April	Inaugural Prayer Service
	Allocation of houses
	House Meeting
	Easter Basket Decoration
	Poster Making (Earth Day)
May	Labour's Day Celebration
	Calligraphy
	English Declamation
July	Quiz (Science)
	Card Making (On Parent's Day)
August	Group Dance (Patriotic)
October	Rangoli Making Competition
	Kandil (Lantern) Making
November	Master Chef competition
December	Sports Day
	Inter-Class Carol Singing Competition
	Inter-Class Class Decoration
January	Kite making competition
	Cultural Prize Distribution Function